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CLAIMS

	1. A method to determine a next data rate in a mobile station of a wirele	ess
2	system, comprising:	

receiving a congestion indicator; and

- 4 generating the next data rate as a function of data rate history and congestion indicator history.
- 2. The method as in claim 1, wherein generating the next data rate further comprises:

comparing at least one previous data rate to a target data rate for the mobile station; and

in response to a first result of comparing determining the next data rate by adjusting at least one data rate

- 3. The method of claim 1, wherein adjusting the at least one previous data rate performs a statistical analysis.
- 4. The method of claim 1, wherein generating the next data rate further comprises:

counting a number of consecutive same value congestion indicators; and

- if the number of consecutive same value congestion indicators is less than a predetermined maximum number, determining the next data rate by maintaining the at least one previous data rate.
- 5. The method as in claim 4, wherein generating the next data rate further comprises:

if the number of consecutive same value congestion indicators is equal to

or greater than the maximum number, determining the next data

rate by adjusting the at least one previous data rate.

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- 6. The method as in claim 5, wherein for a first congestion condition if the
 previous data rate is greater than the target data rate, adjusting comprises decreasing.
- 7. The method as in claim 6, wherein for a second congestion condition if theprevious data rate is less than the target data rate, adjusting comprises increasing.
- 8. The method as in claim 1, wherein the next data rate is generated at the mobile station and is independent of other mobile stations.
 - 9. The method as in claim 1, wherein the maximum number is predetermined.
- 10. The method as in claim 1, wherein the congestion indicator comprises multiple bits.
- 11. The method as in claim 10, wherein at least one of the multiple bits corresponds to a adjustment indicator, and at least one of the multiple bits corresponds a target indicator, the method further comprising:
 - for a first value of the target indicator, adjusting at least one previous data rate according to the adjustment indicator; and
 - for a second value of the target indicator, comparing at least one previous data rate to a target rate for the mobile station, wherein in response to a first result of comparing determining the next data rate by adjusting at least one previous data rate according to the adjustment indicator.
- 12. The method as in claim 11, wherein for a first value of the adjustment indicator adjusting at least one previous data rate according to the adjustment indicator comprises increasing at least one previous data rate, and
 - wherein for a second value of the adjustment indicator adjusting at least one previous data rate according to the adjustment indicator comprises decreasing at least one previous data rate.

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- 2 means for receiving a congestion indicator and determining a congestion condition therefrom;
- data rate control means for determining a next data rate as a function of a history of congestion indicators and as a function of data rate history for the mobile station.
 - 14. The apparatus as in claim 13, further comprising:
- comparison means for comparing a previous data rate to a target rate for the mobile station,
- 4 wherein the data rate control means generates a next data rate by adjusting the previous data rate in response to a first result of comparing the previous
 6 data rate to the target data rate.
 - 15. The apparatus as in claim 13, further comprising:
- 2 counting means for counting a number of consecutive same value congestion indicators,
- wherein the data rate control means generates the next data rate by maintaining the previous data rate in response to a second result of comparing the
 previous data rate to the target data rate when the number of consecutive same value control indicators is less than a maximum number.
- 16. The apparatus as in claim 15, wherein the data rate control means 2 generates the next data rate by adjusting the previous data rate when the number of consecutive same value control indicators is equal to or greater than
- 4 the maximum number.